Food Services Director: Jennifer Wilinsky wilinskyj@readingsd.org Please check the District Website, Food Services Tab to learn more.

Sign Up for Schoolcafe.com to Look up nutritionals & make payments. Set up an account to receive low balance alerts.



## **Reading School District** Middle School **Breakfast Menu** January 2025



## Meal Prices

Adult Breakfast Meal - \$3.00 Adult Lunch Meal - \$5.00

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Breakfast meal must select 3 food items and one of the foods Must be a fruit or

\*\* Offered Daily: Cereal & Muffin

Daily Juice Variety: Only 1 Juice Allowed w/Meal Apple Juice Grape Juice Fruit Punch Orange Juice



Carrots Cucumbers Broccoli Peaches Cauliflower Pears Celery Pineapple Sugar Snap Peas Strawberries

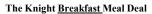
Grapes \*\* Fruit & Vegetable Provided Depend On Availability



(Soy Milk is available for students w/dairy allergies)



Monday	Tuesday	Wednesday	Thursday	Friday
		1-Jan	2-Jan	3-Jan
		No School	No School	Caramel Cinnamon Rolls
				Fresh Fruit 100% Fruit Juice Assorted Milk
6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
Yogurt Cup & Granola	Cinnamon or Blueberry Crumble	Breakfast Burrito	Mini French Toast	Apple Cinnamon Donut Holes
Fresh Fruit 100% Fruit Juice Assorted Milk				
13-Jan	14-Jan	15-Jan	16-Jan	17-Jan
Mini Waffles	Banana Bread Slice	Sausage & Cheese Stuffed Waffle	Mini Pancakes	Caramel Cinnamon Rolls
Fresh Fruit 100% Fruit Juice Assorted Milk				
20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
No School	Cinnamon or Blueberry Crumble	Breakfast Burrito	Mini French Toast	Apple Cinnamon Donut Holes
	Fresh Fruit 100% Fruit Juice Assorted Milk			
27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
Mini Waffles	Banana Bread Slice	Sausage & Cheese Stuffed Waffle	Mini Pancakes	Caramel Cinnamon Rolls
Fresh Fruit 100% Fruit Juice Assorted Milk				



\* Don't Forget- Take at least ONE fruit or juice, And at least Three items in total to be a complete meal! Choose ONE Entree:

Choose up to TWO Sides of Fruit:

Fresh Fruit Fruit Cup Fruit Juice (only 1 serving)

\*Menu is subject to Change\* The institution is an equal opportunity provider.



Daily Entree Special

