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Reading School District Middle School Breakfast Menu January 2025



Meal Prices
Adult Breakfast Meal - \$3.00 Adult Lunch Meal - \$5.00

 <p>Breakfast meal must select 3 food items and one of the foods Must be a fruit or juice.</p> <p>** Offered Daily: Cereal & Muffin</p>	Monday	Tuesday	Wednesday	Thursday	Friday
			1-Jan	2-Jan	3-Jan
<p>Daily Juice Variety: Only 1 Juice Allowed w/Meal Apple Juice Grape Juice Fruit Punch Orange Juice</p>			No School	No School	Caramel Cinnamon Rolls Fresh Fruit 100% Fruit Juice Assorted Milk
	6-Jan	7-Jan	8-Jan	9-Jan	10-Jan
 <p>Fruit & Vegetable Options* Carrots Apples Cucumbers Bananas Broccoli Peaches Cauliflower Pears Celery Pineapple Sugar Snap Peas Strawberries Grapes</p> <p>** Fruit & Vegetable Provided Depend On Availability</p>	Yogurt Cup & Granola Fresh Fruit 100% Fruit Juice Assorted Milk	Cinnamon or Blueberry Crumble Fresh Fruit 100% Fruit Juice Assorted Milk	Breakfast Burrito Fresh Fruit 100% Fruit Juice Assorted Milk	Mini French Toast Fresh Fruit 100% Fruit Juice Assorted Milk	Apple Cinnamon Donut Holes Fresh Fruit 100% Fruit Juice Assorted Milk
	13-Jan	14-Jan	15-Jan	16-Jan	17-Jan
 <p>Milk 1% and Skim White Skim Chocolate</p> <p>(Soy Milk is available for students w/dairy allergies)</p>	Mini Waffles Fresh Fruit 100% Fruit Juice Assorted Milk	Banana Bread Slice Fresh Fruit 100% Fruit Juice Assorted Milk	Sausage & Cheese Stuffed Waffle Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Pancakes Fresh Fruit 100% Fruit Juice Assorted Milk	Caramel Cinnamon Rolls Fresh Fruit 100% Fruit Juice Assorted Milk
	20-Jan	21-Jan	22-Jan	23-Jan	24-Jan
	No School	Cinnamon or Blueberry Crumble Fresh Fruit 100% Fruit Juice Assorted Milk	Breakfast Burrito Fresh Fruit 100% Fruit Juice Assorted Milk	Mini French Toast Fresh Fruit 100% Fruit Juice Assorted Milk	Apple Cinnamon Donut Holes Fresh Fruit 100% Fruit Juice Assorted Milk
	27-Jan	28-Jan	29-Jan	30-Jan	31-Jan
	Mini Waffles Fresh Fruit 100% Fruit Juice Assorted Milk	Banana Bread Slice Fresh Fruit 100% Fruit Juice Assorted Milk	Sausage & Cheese Stuffed Waffle Fresh Fruit 100% Fruit Juice Assorted Milk	Mini Pancakes Fresh Fruit 100% Fruit Juice Assorted Milk	Caramel Cinnamon Rolls Fresh Fruit 100% Fruit Juice Assorted Milk
<p>The Knight Breakfast Meal Deal * Don't Forget- Take at least ONE fruit or juice, And at least Three items in total to be a complete meal! Choose ONE Entree: Daily Entree Special</p> <p>Choose up to TWO Sides of Fruit: Fresh Fruit Fruit Cup Fruit Juice (only 1 serving)</p> <p>*Menu is subject to Change* The institution is an equal opportunity provider.</p>					